

SEPTEMBER 2017

St. Gerard's Junior School

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
Chicken Chunks or
Sausage

4
Cottage Pie with
Mashed Potato

5
Loin of Bacon with
Cabbage and White
Sauce

6
Chicken Stir Fry and
Noodles

7
Homemade Beef
Burgers in Onion
Gravy

8
Hot Dog or Chicken
Chunks

11
Italian style Beef
Lasagne

12
Supreme of Chicken
with Sauté Potatoes

13
Beef Stroganoff and
Rice

14
Chicken and Ham
Pie

15
Cod Goujons or
Chicken Chunks

18
Bangers and Mash

19
Roast Beef with
Vegetables and
Potatoes

20
Oriental Beef Stir Fry
and Noodles

21
Chicken Carbonara

22
Bun Burger or
Chicken Chunks

25
Homemade
Meatballs in Tomato
Sauce

26
Roast Loin of Pork
with Vegetables and
Potatoes

27
Chicken Curry and
Rice

28
Bolognese Pasta
Bake, topped with
Mozzarella Cheese

29
Sausage or chicken
Chunks

A Chef's choice, pasta dish and vegetarian option will also be served on the day. Students can order a wrap, sandwich or a roll in advance at their morning break.

STOP